

EPCC NEWS

JC Accredited
Volume 08, Issue 1
January 2008

www.epckids.com
Evansville Psychiatric Children's Center
"Shaping Kids' Lives"

HAPPY NEW YEAR

During 2007, 17 children were admitted to EPCC, and a total of 32 children and their families received treatment. One child was a readmission.

Resolving needs and building strengths was the foundation for the treatment program which included:

- Development and use of a Snoezelen Room, in addition to the Stress Free Zone to address sensory issues.
- Recruiting for OT position to improve the quality of services through use of sensory therapy.
- Development and use of sensory boxes with activities for the children when in their rooms.
- Program components to enhance planned activities each evening on the dorms.
- Continuation of the Second Step program targeting violence and substance abuse issues.
- Award of the SAMHSA grant for reduction of seclusion and restraint.
- Maintained Joint Commission accreditation (July survey).
- Dietary received excellent score from the health inspection.

Based on 13 returned post-discharge surveys, all 13 children were still participating in treatment in the community. Ten of 13 were still in the original discharge placement and doing reasonably well (3 had been removed from the placement either by DCS or transfer due to ongoing placement issues).

EPCC received many positive comments on these post-discharge surveys. For example, one noted that the child was functioning at his highest level upon discharge.

We look forward to the opportunity to make a difference in the lives of children in 2008.

"Best Amateur Float" Award



The EPCC Express, decorated as "Let it Snow – Winter Wonderland" won "Best Amateur Float" in Evansville's 19th Annual Downtown Holiday Parade on Sunday, November 18, 2007.

The weather may not have been that cold, but the float certainly set the mood. Several employees volunteered after hours and on their Veteran's Day holiday to decorate the train. The Engine sported a snow globe with blowing snow, three cars with giant snowflakes—two of them lit and revolving, and a snow fort topped with an eight foot snowman and a snowball fight going on inside. The float received spontaneous applause all along the parade route

EPCC has entered the train float in several previous holiday parades and has always won an award.

SAMHSA GRANT ACTIVITIES

The recently awarded three-year SAMHSA grant to facilitate the reduction of seclusion and restraint is proving to be exciting for the staff of EPCC. Leadership staff recently attended Cultural Competence training with Marilyn M. Caruthers of the Indiana Minority Health Coalition. Tom Andis, former EPCC Superintendent, will be the Project Manager. His knowledge of state operation, EPCC operation and program, and his past working relationship with Richmond State Hospital staff (co-participant in grant) will be valuable assets as he directs the grant activities. The Key Consumer Group will provide training in the next few months on The Roadmap to Recovery: Seclusion and Restraint Free. The Boys Town contract is in process and as soon as it is finalized, dates will be set for the initial assessment and training in the psychoeducational model.

Occupational Therapy

Due to the many sensory issues we are seeing with our children, we have added an occupational therapy position. This position is unique to us and can provide clear assessments and follow up on special needs. The position can also provide expert consultation to other staff, assisting with therapeutic approaches that may be more beneficial to the individual client. This position is now in the Job Bank. Any OT trained person can apply by going to www.in.gov/jobs (bottom of page - JOB BANK). Or call Stephanie for assistance – 812-477-6436 x230.

Leadership Retreat

Leadership staff attended a retreat on December 5 to learn more about teamwork and the characteristics of a leader. The morning session included the Superintendent, HR Director, Director of Nursing Services, Facility Manager, QI Coordinator, Psychiatrist, HIS Director, and Clinical Director. Iris Phillips, PhD, MSSW presented a comprehensive workshop on teamwork including small group activities.

EPCC Managers – Environmental Services, Dietary, RT, and Nurse Supervisors – joined the Executive staff for lunch prior to the afternoon session. Lottie Cook, Superintendent presented Characteristics of a Leader to the group, including participatory exercises.

Looking ahead to changes that are anticipated due to the SAMHSA grant activities (namely, the Boys Town Psychoeducational Model tailored for EPCC's program), change was a component of the information on being an effective leader.



Thanks to...



Harley Owner's Group, Christian Motorcycle Association, Northside Kiwanis, Junior Mental Health Association, Center Township Assessor's Office, Paradise & Sunshine Homemakers Clubs, Spaulding Auto Service, Plaza Park Middle School Starpower, University of Evansville Art Therapy, Christ Corner Church, and St. Ben's for making Christmas a wonderful time for all the children.

MISSION

Resolve Needs – Build Strengths

Need to contact us?

Call 812-477-6436 (exts. listed below) or email.

Lottie Cook, Supt (231) lottie.cook@fssa.in.gov
 Stephanie McKeethen, Adm. Sec (230) stephanie.mckeethen@fssa.in.gov
 Sharon Austin, Admissions (226) sharon.austin@fssa.in.gov
 Pam Dewey, Clin. Dir (233) pam.dewey@fssa.in.gov
 Donna McCall, Dir of Nursing (245) donna.mccall@fssa.in.gov
 Andria Petry, BC (234) andria.petry@fssa.in.gov
 Eleanor McDonough, SW (235) mary.mcdonough@fssa.in.gov
 Nichole Graham, SW (239) nichole.graham@fssa.in.gov

DID YOU KNOW...



We're Ready for Your Referrals

Refer through the assigned liaison from your MHC.
 Referral information needed in the referral packet includes:

Psychology Eval with IQ
 2-page State Hospital Referral Form
 CANS
 Psychiatric Evaluation

Contact Sharon Austin at 812-477-6436, X226

EPCC NEWS

Evansville Psychiatric Children's Center
 3300 E. Morgan Avenue
 Evansville, IN 47715
 812-477-6436
www.epcckids.com

Published periodically
 for employees and
 friends of EPCC.



Evansville Psychiatric Children's Center
 Division of Mental Health & Addiction
 Indiana Family & Social Services Administration